

XIII EDIZIONE MARATONINA CITTA' DI UTA - Maratonina Città di Uta**domenica 22 novembre 2009**

pos	pett	nome	team	naz	cat	pos	T.Gara	T.Reale	Media
1	683	RUTIGLIANO PASQUALE	ESERCITO	ITA	SM	1	01:07:11	01:07:11	18,84
2	2	AZZENA ANTONIO	S G AMSICORA	ITA	SM	2	01:07:46	01:07:46	18,68
3	1	ABDELKADER OUALID	ATL CIVITAS OLBIA	ITA	SM	3	01:11:31	01:11:31	17,70
4	7	LOCCI MASSIMO	G.S. ATL OLBIA	ITA	SM	4	01:11:43	01:11:43	17,65
5	3	SECCI GIAN FRANCO	POL ATLETICA SANTADI	ITA	SM	5	01:11:54	01:11:54	17,60
6	4	IBNORIDA MORAD	S G AMSICORA	ITA	SM	6	01:12:37	01:12:37	17,43
7	5	CONI FABIO	G.S. ATL OLBIA	ITA	SM	7	01:12:54	01:12:54	17,36
8	9	DE VENUTO RICCARDO	ATLETICA GOCEANO	ITA	SM	8	01:13:42	01:13:42	17,17
9	188	LEOTTA LUIGI	ATL SAN SPERATE	ITA	MM3	1	01:13:46	01:13:46	17,16
10	13	ANOLFO ROBERTO	ATL ORROLI MARIANO LEONI	ITA	SM	9	01:14:24	01:14:24	17,01
11	682	MELONI CARLO	FUTURA CAGLIARI SOLOATLETICA	ITA	MM4	1	01:14:33	01:14:33	16,98
12	660	SALARIS ANTONIO FILIPPO	POD AMATORI OLBIA	ITA	MM3	2	01:14:57	01:14:57	16,89
13	485	SINOPOLI ANTONELLO	POD AMATORI OLBIA	ITA	MM4	1	01:15:09	01:15:09	16,84
14	17	TRAMONTE FABIO	SS SULCIS ATL CARBONIA	ITA	SM	10	01:16:16	01:16:16	16,60
15	124	CARTA GABRIELE	SS SPORTING S.I.E.	ITA	MM4	2	01:16:28	01:16:28	16,56
16	306	BAGHINO STEFANO	AS SURVIVAL TRIATHLON	ITA	MM4	3	01:16:45	01:16:45	16,49
17	708	CARTA ALBERTO	ATLETICA GOCEANO	ITA	MM3	3	01:16:53	01:16:53	16,47
18	15	SPANO ALESSANDRO	ATL POD SAN GAVINO	ITA	SM	11	01:17:21	01:17:21	16,36
19	155	VARGIU GIOVANNI	GS ATL SAN BASILIO	ITA	MM3	4	01:17:41	01:17:41	16,29
20	32	PORCU PAOLO	ATL ORROLI MARIANO LEONI	ITA	MM4	2	01:17:45	01:17:45	16,28
21	87	NOCCO MASSIMILIANO	ATL CORTOGHIANA	ITA	MM3	5	01:18:07	01:18:07	16,20
22	355	PIRAS ANDREA	SARDEGNA KARALIS SPORT	ITA	MM3	6	01:18:09	01:18:09	16,20
23	501	AZZENA VITTORIO	SOC ATL TEMPIO PAUSANIA	ITA	MM5	1	01:18:13	01:18:13	16,18
24	414	CARIA ROBERTO	GS PIONIERI MARMILLA MOGORO	ITA	MM3	7	01:18:25	01:18:25	16,14
25	672	ARDAU STEFANO	AMSIKORA CAGLIARI	ITA	MM4	4	01:18:28	01:18:28	16,13
26	16	SAGHEDDU IGNAZIO	ATL SAN SPERATE	ITA	SM	12	01:18:30	01:18:30	16,12
27	82	MAMELI ALESSANDRO	AS TESPIENSE QUARTU	ITA	MM3	8	01:18:33	01:18:33	16,11
28	123	DESSI' GIAMPIETRO	SS SPORTING S.I.E.	ITA	MM3	9	01:18:37	01:18:37	16,10
29	192	LICHERI SERAFINO	ATL SAN SPERATE	ITA	MM4	3	01:18:39	01:18:39	16,09
30	221	MURREDDA GIULIANO	GRUPPO POL DIL ASSEMINI	ITA	MM3	10	01:18:49	01:18:49	16,06
31	182	CONGIU GIOVANNI	ATL IGLESIAS	ITA	MM5	2	01:18:51	01:18:51	16,05
32	37	SIDDI ROBERTO	POL ATL SERRAMANNA	ITA	MM3	11	01:19:00	01:19:00	16,02
33	21	PINNA CLAUDIA	C.U.S. CAGLIARI	ITA	SF	1	01:19:23	01:19:23	15,95
34	12	PES SIMONE	S G AMSICORA	ITA	SM	13	01:19:25	01:19:25	15,94
35	441	DI SIMONE ANGELO	POL GUILCER TEAM LA CITTA'	ITA	MM4	5	01:19:29	01:19:29	15,92
36	290	CULEDDU ANDREA	GS RUNNERS CAGLIARI	ITA	TM	1	01:19:31	01:19:31	15,92
37	671	VARGIU ANTONELLO	FUTURA CAGLIARI SOLOATLETICA	ITA	MM5	3	01:19:35	01:19:35	15,91
38	197	USAI EFISIO	ATL SAN SPERATE	ITA	MM5	1	01:19:36	01:19:36	15,90
39	224	CANCEDDA GIAN FRANCO	GRUPPO POL DIL ASSEMINI	ITA	MM4	6	01:19:51	01:19:51	15,85
40	300	USAI CELESTINO	ATL VALERIA	ITA	MM5	2	01:19:55	01:19:55	15,84
41	447	CHIGHINE SALVATORE	ASC ATL SAN GIOVANNI	ITA	MM4	4	01:19:57	01:19:57	15,83
42	61	PINNA MARCO	US ATL GUSPINI	ITA	MM4	7	01:19:59	01:19:59	15,83
43	154	CURRIDORI GIOVANNI	ATL POD SAN GAVINO	ITA	TM	2	01:20:19	01:20:19	15,76
44	513	PINTUS ENRICO	GS MONTE ACUTO MARATHON	ITA	MM3	12	01:20:23	01:20:23	15,75
45	98	MURGIA ITALO	ATL CORTOGHIANA	ITA	MM4	5	01:20:42	01:20:42	15,69
46	415	CASU BERNARDINO	GS PIONIERI MARMILLA MOGORO	ITA	MM4	8	01:20:47	01:20:47	15,67
47	388	CAVALLARO GIUSEPPE	CIRC SPORT DIL ATL AMATORI	ITA	MM4	9	01:20:49	01:20:49	15,66
48	560	SALIS VINCENZO	ALGHERO MARATHON	ITA	MM3	13	01:21:00	01:21:00	15,63
49	517	SANNA LUCA	GS MONTE ACUTO MARATHON	ITA	MM4	10	01:21:02	01:21:02	15,62
50	555	PORCU ANTONIO	ATHLETIC TEAM SASSARI	ITA	MM3	14	01:21:39	01:21:39	15,50
51	233	CARDU GESUINO	GRUPPO POL DIL ASSEMINI	ITA	MM4	6	01:21:48	01:21:48	15,48
52	238	TUVERI FRANCESCO	GRUPPO POL DIL ASSEMINI	ITA	MM4	7	01:21:48	01:21:48	15,48
53	218	GARAU LUCA	SS SULCIS ATL CARBONIA	ITA	TM	3	01:22:05	01:22:05	15,42

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pos	pett	nome	team	naz	cat	pos	T.Gara	T.Reale	Media
54	11	MELIS CARLO ALBERTO	S G AMSICORA	ITA	SM	14	01:22:13	01:22:13	15,40
55	296	USAI BRUNO	ATL VALERIA	ITA	MM4	11	01:22:21	01:22:21	15,37
56	42	CARTA GIANNI	POL ATL SERRAMANNA	ITA	MM5	4	01:22:24	01:22:24	15,36
57	114	TOCCO FILIPPO	POL LIBERTAS CAMPIDANO	ITA	MM4	12	01:22:26	01:22:26	15,36
58	474	POLO GAVINO	CCRS SORSO	ITA	MM4	8	01:22:27	01:22:27	15,35
59	76	UCCHEDDU SAMUEL	C.S.C.R. PULA	ITA	TM	4	01:22:36	01:22:36	15,33
60	112	SANNA ALEX	ATL CORTOGHIANA	ITA	TM	5	01:22:42	01:22:42	15,30
61	512	MOSCA GIANLUCA	GS MONTE ACUTO MARATHON	ITA	MM3	15	01:22:50	01:22:50	15,28
62	39	MERELLA STEFANO	POL ATL SERRAMANNA	ITA	MM4	9	01:22:55	01:22:55	15,27
63	706	SERAFINI FABRIZIO	ATLETICA CARALIS	ITA	TM	6	01:23:04	01:23:04	15,24
64	43	LASIO FRANCO	POL ATL SERRAMANNA	ITA	MM5	5	01:23:04	01:23:04	15,24
65	490	SAU ANTONIO	ATLETICA PLOAGHE	ITA	MM3	16	01:23:04	01:23:04	15,24
66	711	COSSU VITTORIANO	ATLETICA PAVILLONES	ITA	MM5	3	01:23:11	01:23:11	15,22
67	575	ZANDONELLA MARCO	ATLETICA VALLE DI CEMBRA	ITA	MM3	17	01:23:16	01:23:16	15,20
68	113	MASCIA LUIGI	POL LIBERTAS CAMPIDANO	ITA	MM4	13	01:23:19	01:23:19	15,19
69	255	SATTA MAURO	GS RUNNERS CAGLIARI	ITA	MM3	18	01:23:21	01:23:21	15,19
70	79	MASCIA TIZIANO	POL PARTEOLLA DOLIANOVA	ITA	TM	7	01:23:24	01:23:24	15,18
71	100	POMATA FRANCO	ATL CORTOGHIANA	ITA	MM4	10	01:23:27	01:23:27	15,17
72	339	MEI GIACOMO STEFANO	POL ATLETICA SANTADI	ITA	MM3	19	01:23:31	01:23:31	15,16
73	411	COLUMBU SALVATORE	CIRC SPORT DIL ATL AMATORI	ITA	TM	8	01:23:35	01:23:35	15,14
74	47	AGUS AGOSTINO	POL ATL SERRAMANNA	ITA	TM	9	01:23:36	01:23:36	15,14
75	219	DEIDDA EFISIO	GRUPPO POL DIL ASSEMINI	ITA	MM3	20	01:23:37	01:23:37	15,14
76	69	GESSA FABIO	C.S.C.R. PULA	ITA	MM3	21	01:23:41	01:23:41	15,13
77	63	MASSA MARCO	US ATL GUSPINI	ITA	MM4	11	01:23:51	01:23:51	15,10
78	230	MONTIS GIAN LUIGI	GRUPPO POL DIL ASSEMINI	ITA	MM4	14	01:24:02	01:24:02	15,06
79	518	BURREDDU ANDREA	GS MONTE ACUTO MARATHON	ITA	MM4	12	01:24:04	01:24:04	15,06
80	145	BETTI ALESSIO	ATL POD SAN GAVINO	ITA	MM4	13	01:24:05	01:24:05	15,05
81	23	FRATUS ELENA	ATL LEGG PORTO TORRES	ITA	SF	2	01:24:08	01:24:08	15,05
82	292	MELONI ANDREA	GS RUNNERS CAGLIARI	ITA	TM	10	01:24:11	01:24:11	15,04
83	466	DEMARTIS GESUINO	DOP PETROLCHIMICO PORTOTORRES	ITA	MM5	6	01:24:19	01:24:19	15,01
84	174	LAU MAURIZIO	POL UTA 2000	ITA	TM	11	01:24:25	01:24:25	14,99
85	257	BEATO CORRADO	GS RUNNERS CAGLIARI	ITA	MM4	15	01:24:25	01:24:25	14,99
86	602	FERRU ROBERTA	NUOVA ATL SESTU	ITA	MF4	1	01:24:27	01:24:27	14,99
87	195	AMBUS FRANCESCO	ATL SAN SPERATE	ITA	MM5	4	01:24:36	01:24:36	14,96
88	34	PISEDDU ANTONELLO	ATL ORROLI MARIANO LEONI	ITA	MM5	7	01:24:40	01:24:40	14,95
89	471	FOIS PIER MARIO	CCRS SORSO	ITA	MM3	22	01:24:43	01:24:43	14,94
90	352	MUSCAS VITTORIO	ATL EDOARDO SANNA ELMAS	ITA	MM5	8	01:24:50	01:24:50	14,92
91	479	BEBBERE NICOLA	CCRS SORSO	ITA	TM	12	01:24:52	01:24:52	14,92
92	127	CIRRONIS FLAVIO	SS SPORTING S.I.E.	ITA	MM4	14	01:24:57	01:24:57	14,90
93	564	CASULA ANTONIO	ALGHERO MARATHON	ITA	MM4	15	01:24:58	01:24:58	14,90
94	294	SULIS ANTONELLO	GS RUNNERS CAGLIARI	ITA	TM	13	01:24:58	01:24:58	14,90
95	142	MASSIDDA GIOVANNI	FUTURA CAGLIARI SOLOATLETICA	ITA	MM4	16	01:25:07	01:25:07	14,87
96	712	MURENU MATTEO	ATLETICA CARALIS	ITA	MM4	16	01:25:16	01:25:16	14,85
97	397	DETTORI LUCA	CIRC SPORT DIL ATL AMATORI	ITA	MM4	17	01:25:19	01:25:19	14,84
98	493	PULINA GIAN MARIO	ATLETICA PLOAGHE	ITA	MM4	17	01:25:21	01:25:21	14,83
99	539	FURESI STEFANO	I GUERRIERI DEL PAVONE	ITA	MM4	18	01:25:23	01:25:23	14,83
100	354	LECCA GIORGIO	SARDEGNA KARALIS SPORT	ITA	MM3	23	01:25:34	01:25:34	14,79
101	565	DELIPERI PIETRO GIOVANNI	ALGHERO MARATHON	ITA	MM4	18	01:25:35	01:25:35	14,79
102	14	MEI SANDRO	POL JOLAO IGLESIAS	ITA	SM	15	01:25:43	01:25:43	14,77
103	502	BUTTAU WALTER	SOC ATL TEMPIO PAUSANIA	ITA	MM5	9	01:25:52	01:25:52	14,74
104	428	ORRU' FRANCESCO	MARATHON CLUB ORISTANO	ITA	MM4	19	01:26:02	01:26:02	14,71
105	24	MOSSA GRAZIELLA	ATL LEGG PORTO TORRES	ITA	SF	3	01:26:11	01:26:11	14,69
106	200	FERRU SANDRO	NUOVA ATL SESTU	ITA	MM4	19	01:26:13	01:26:13	14,68

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pos	pett	nome	team	naz	cat	pos	T.Gara	T.Reale	Media
107	699	LOI ROSSANO	OLYMPIA VILLACIDRO	ITA	MM5	10	01:26:19	01:26:19	14,67
108	204	LUSCI GENESIO	SS SULCIS ATL CARBONIA	ITA	MM4	20	01:26:19	01:26:19	14,66
109	193	PIGA FLAVIO	ATL SAN SPERATE	ITA	MM4	21	01:26:27	01:26:27	14,64
110	223	ADDARI GIANCARLO	GRUPPO POL DIL ASSEMINI	ITA	MM4	20	01:26:31	01:26:31	14,63
111	30	MARROCU RAFFAELE	ATL ORROLI MARIANO LEONI	ITA	MM4	21	01:26:42	01:26:42	14,60
112	556	CARBONI ANTONIO	GS ATLETICA RUNNERS OSCHIRI	ITA	MM6	1	01:26:50	01:26:50	14,58
113	714	ZOCCHEDDU MARCO	POL UTA 2000	ITA	MM3	24	01:26:51	01:26:51	14,57
114	359	FERRARO LUCA	SARDEGNA KARALIS SPORT	ITA	MM4	22	01:26:53	01:26:53	14,57
115	56	PISU RAFFAELE	ATLETICA SELARGIUS	ITA	MM5	5	01:26:57	01:26:57	14,56
116	134	TOLIS MATTEO	SS SPORTING S.I.E.	ITA	TM	14	01:26:59	01:26:59	14,55
117	169	CONTI MARCO	POL UTA 2000	ITA	MM5	11	01:27:02	01:27:02	14,54
118	49	MOCCI ANDREA	ATLETICA SELARGIUS	ITA	MM3	25	01:27:07	01:27:07	14,53
119	90	MASSA RENATO	ATL CORTOGHIANA	ITA	MM4	23	01:27:32	01:27:32	14,46
120	180	PAOLUCCI GIORGIO	ATL IGLESIAS	ITA	MM4	22	01:27:33	01:27:33	14,46
121	167	LONERO SAVERIO	POL UTA 2000	ITA	MM4	23	01:27:36	01:27:36	14,45
122	115	TOCCO SERGIO	POL LIBERTAS CAMPIDANO	ITA	MM4	24	01:27:38	01:27:38	14,45
123	308	MURA TEODORO	AS SURVIVAL TRIATHLON	ITA	MM4	25	01:27:38	01:27:38	14,44
124	540	LAI GIOVANNI MELCHIORRE	I GUERRIERI DEL PAVONE	ITA	MM4	26	01:27:44	01:27:44	14,43
125	329	CASU ANTONANGELO	OLYMPIA VILLACIDRO	ITA	MM4	24	01:27:46	01:27:46	14,42
126	202	ABBATE TOMMASO	SS SULCIS ATL CARBONIA	ITA	MM3	26	01:27:46	01:27:46	14,42
127	481	SANNA MAURIZIO	POD AMATORI OLBIA	ITA	MM3	27	01:27:47	01:27:47	14,42
128	46	SELLEGRI GIOVANNI	POL ATL SERRAMANNA	ITA	MM5	6	01:27:48	01:27:48	14,42
129	462	FIORI GIUSEPPE	DOP PETROLCHIMICO PORTOTORRES	ITA	MM3	28	01:27:48	01:27:48	14,42
130	171	LOBINA ANGELO	POL UTA 2000	ITA	MM5	7	01:27:52	01:27:52	14,41
131	245	SIDDU STEFANO	ATLETICA VILLAMARESE	ITA	MM3	29	01:27:55	01:27:55	14,40
132	403	TODDE ORLANDO	CIRC SPORT DIL ATL AMATORI	ITA	MM4	25	01:28:03	01:28:03	14,38
133	544	SOLARI GIAMPIETRO	I GUERRIERI DEL PAVONE	ITA	MM4	27	01:28:09	01:28:09	14,36
134	530	SPANO NICOLO'	GS MONTE ACUTO MARATHON	ITA	MM5	12	01:28:14	01:28:14	14,35
135	515	LANGIU ROBERTO	GS MONTE ACUTO MARATHON	ITA	MM4	28	01:28:14	01:28:14	14,35
136	293	SERRA PAOLO	GS RUNNERS CAGLIARI	ITA	TM	15	01:28:21	01:28:21	14,33
137	436	URAS PIETRO	MARATHON CLUB ORISTANO	ITA	MM5	13	01:28:21	01:28:21	14,33
138	305	ZEDDE ANTONIO	AS SURVIVAL TRIATHLON	ITA	MM3	30	01:28:22	01:28:22	14,32
139	412	BUSSU GIANPAOLO	ATLETICA ORANI	ITA	MM5	14	01:28:23	01:28:23	14,32
140	126	ZUNCHEDDU STEFANO	SS SPORTING S.I.E.	ITA	MM4	29	01:28:25	01:28:25	14,32
141	604	FARRIS ELSA	NUOVA ATL SESTU	ITA	TF	1	01:28:29	01:28:29	14,31
142	386	SANNIA PIER PAOLO	CS FIAMMA MACOMER	ITA	TM	16	01:28:30	01:28:30	14,30
143	158	RICCI ANDREA	POLISPORTIVA ISILI	ITA	MM4	30	01:28:30	01:28:30	14,30
144	70	MASSA ANDREA	C.S.C.R. PULA	ITA	MM3	31	01:28:32	01:28:32	14,30
145	457	PERALTA GIAN GAVINO	ATLETICA OZIERI	ITA	MM4	31	01:28:33	01:28:33	14,29
146	109	COSA ALESSIO	ATL CORTOGHIANA	ITA	TM	17	01:28:37	01:28:37	14,28
147	62	PUSCEDDU MASSIMO	US ATL GUSPINI	ITA	MM4	32	01:28:53	01:28:53	14,24
148	203	COCUMELLI STEFANO	SS SULCIS ATL CARBONIA	ITA	MM4	33	01:28:58	01:28:58	14,23
149	373	MELIS MARCELLO	CAGLIARI MARATHON CLUB	ITA	MM5	15	01:29:00	01:29:00	14,22
150	310	ARGIOLAS MASSIMO	AS SURVIVAL TRIATHLON	ITA	MM4	26	01:29:04	01:29:04	14,21
151	10	MATTU MARCO	S G AMSICORA	ITA	SM	16	01:29:05	01:29:05	14,21
152	75	LO MARTIRE FAUSTO	C.S.C.R. PULA	ITA	TM	18	01:29:05	01:29:05	14,21
153	458	MARONGIU GIOVANNI ANTONIO	ATLETICA OZIERI	ITA	MM4	27	01:29:21	01:29:21	14,17
154	443	DEMURU MARIO	POLISPORTIVA RUNNERS ORISTANO	ITA	MM3	32	01:29:23	01:29:23	14,16
155	95	FANARI PAOLO	ATL CORTOGHIANA	ITA	MM4	28	01:29:23	01:29:23	14,16
156	561	CASULA PIETRO	ALGHERO MARATHON	ITA	MM4	34	01:29:24	01:29:24	14,16
157	321	PITTAU NICOLA	OLYMPIA VILLACIDRO	ITA	MM3	33	01:29:29	01:29:29	14,15
158	477	SERRA GIANUARIO	CCRS SORSO	ITA	MM5	16	01:29:31	01:29:31	14,14
159	54	PISU ENRICO	ATLETICA SELARGIUS	ITA	MM5	17	01:29:38	01:29:38	14,12

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pos	pett	nome	team	naz	cat	pos	T.Gara	T.Reale	Media
160	684	TRUDU VITTORIO	GS RUNNERS CAGLIARI	ITA	MM4	29	01:29:41	01:29:41	14,11
161	514	SUSINI STEFANO	GS MONTE ACUTO MARATHON	ITA	MM3	34	01:29:43	01:29:43	14,11
162	440	PIRAS GIANNI LUCA ANTONIO	POL GUILCER TEAM LA CITTA'	ITA	MM3	35	01:29:51	01:29:51	14,09
163	489	QUIDACCIOLU MARCO	ATL LEGG LURAS	ITA	TM	19	01:30:02	01:30:02	14,06
164	492	MEDDE ROBERTO	ATLETICA PLOAGHE	ITA	MM4	35	01:30:10	01:30:10	14,04
165	430	TIANA ANTONELLO	MARATHON CLUB ORISTANO	ITA	MM4	36	01:30:10	01:30:10	14,04
166	390	MAROTTO ETTORE	CIRC SPORT DIL ATL AMATORI	ITA	MM4	37	01:30:13	01:30:13	14,03
167	416	MELONI SANDRO	GS PIONIERI MARMILLA MOGORO	ITA	MM4	38	01:30:15	01:30:15	14,03
168	58	SAVONA VITTORIO	ATLETICA SELARGIUS	ITA	MM5	8	01:30:15	01:30:15	14,02
169	456	FIORI FABRIZIO	ATLETICA OZIERI	ITA	MM4	39	01:30:20	01:30:20	14,01
170	497	PIRASTRU GIOVANNI	ATLETICA PLOAGHE	ITA	TM	20	01:30:27	01:30:27	13,99
171	668	ORRU' VALENTINO	UISP ROMA	ITA	MM4	30	01:30:34	01:30:34	13,98
172	222	USAI GIANLUCA	GRUPPO POL DIL ASSEMINI	ITA	MM3	36	01:30:38	01:30:38	13,97
173	322	CADEDDU LUCIANO	OLYMPIA VILLACIDRO	ITA	MM4	40	01:30:39	01:30:39	13,96
174	259	CARTA ANDREA	GS RUNNERS CAGLIARI	ITA	MM4	41	01:30:43	01:30:43	13,95
175	236	SPANU GIAMPAOLO	GRUPPO POL DIL ASSEMINI	ITA	MM4	31	01:30:50	01:30:50	13,93
176	529	SOLINAS COSTANZO	GS MONTE ACUTO MARATHON	ITA	MM5	18	01:31:01	01:31:01	13,91
177	318	ARIXI GIANCARLO	OLYMPIA VILLACIDRO	ITA	MM3	37	01:31:05	01:31:05	13,90
178	634	DERIU ADALGISA	POL GUILCER TEAM LA CITTA'	ITA	MF3	1	01:31:07	01:31:07	13,89
179	304	MARONGIU PAOLO	AS SURVIVAL TRIATHLON	ITA	MM3	38	01:31:19	01:31:19	13,86
180	48	ARGIOLAS FABIO	POL ATL SERRAMANNA	ITA	TM	21	01:31:22	01:31:22	13,85
181	705	SCANU MARCO	ATHLETIC TEAM SASSARI	ITA	TM	22	01:31:28	01:31:28	13,84
182	681	CASAMASSIMA LUIGI SABINO	TRIATHLON SASSARI	ITA	MM3	39	01:31:31	01:31:31	13,83
183	537	PORQUEDDU PIERPAOLO	I GUERRIERI DEL PAVONE	ITA	MM3	40	01:31:34	01:31:34	13,82
184	251	BATTIATA ALESSANDRO	GS RUNNERS CAGLIARI	ITA	MM3	41	01:31:39	01:31:39	13,81
185	256	USAI GIUSEPPE	GS RUNNERS CAGLIARI	ITA	MM3	42	01:31:41	01:31:41	13,81
186	541	MANCA FRANCO	I GUERRIERI DEL PAVONE	ITA	MM4	42	01:31:42	01:31:42	13,80
187	380	PINNA ANTONIO MARIA	AS DELOGU NUORO	ITA	MM5	19	01:31:54	01:31:54	13,77
188	260	CASCIU LUIGI	GS RUNNERS CAGLIARI	ITA	MM4	43	01:31:55	01:31:55	13,77
189	320	MAIS ALESSANDRO	OLYMPIA VILLACIDRO	ITA	MM3	43	01:31:57	01:31:57	13,77
190	85	SOLLA DANIELE	AS TESPIENSE QUARTU	ITA	MM6	1	01:31:59	01:31:59	13,76
191	362	PASSETTI ALBERTO	SARDEGNA KARALIS SPORT	ITA	MM4	44	01:32:00	01:32:00	13,76
192	495	CESERACCIU TOMASO LUIGI	ATLETICA PLOAGHE	ITA	MM5	20	01:32:02	01:32:02	13,75
193	33	MASSIDDA GIUSEPPE	ATL ORROLI MARIANO LEONI	ITA	MM5	21	01:32:05	01:32:05	13,75
194	232	CARDIA MARCELLO	GRUPPO POL DIL ASSEMINI	ITA	MM4	32	01:32:06	01:32:06	13,74
195	44	LILLIU FULVIO	POL ATL SERRAMANNA	ITA	MM5	22	01:32:15	01:32:15	13,72
196	421	PORCU EMILIO	GS PIONIERI MARMILLA MOGORO	ITA	MM4	33	01:32:21	01:32:21	13,71
197	74	GATTO DONATO	C.S.C.R. PULA	ITA	MM4	34	01:32:22	01:32:22	13,71
198	347	MEDINAS DARIO	ATL EDOARDO SANNA ELMAS	ITA	MM4	45	01:32:25	01:32:25	13,70
199	60	SERRA MARIANO	US ATL GUSPINI	ITA	MM3	44	01:32:26	01:32:26	13,69
200	576	DESSI' GIANFRANCO	UISP	ITA	MM4	35	01:32:32	01:32:32	13,68
201	504	FENU GIANLUIGI	SOC ATL TEMPIO PAUSANIA	ITA	MM5	9	01:32:33	01:32:33	13,68
202	229	MOI ROBERTO	GRUPPO POL DIL ASSEMINI	ITA	MM4	46	01:32:34	01:32:34	13,67
203	500	GRUSSU SANDRO	SOC ATL TEMPIO PAUSANIA	ITA	MM4	36	01:32:34	01:32:34	13,67
204	239	CARBONI GIOVANNI	GRUPPO POL DIL ASSEMINI	ITA	MM5	23	01:32:38	01:32:38	13,67
205	120	SPIGA AMBROGIO	ATL KARALIS	ITA	MM4	47	01:32:38	01:32:38	13,67
206	486	RUGGERI SALVATORE RUGGERO	POD AMATORI OLBIA	ITA	MM5	24	01:32:38	01:32:38	13,66
207	592	CORRIAS IVANA	POL LIBERTAS CAMPIDANO	ITA	MF3	2	01:32:39	01:32:39	13,66
208	225	FULGHERI DIODATO	GRUPPO POL DIL ASSEMINI	ITA	MM4	48	01:32:40	01:32:40	13,66
209	227	INCANI GIORGIO	GRUPPO POL DIL ASSEMINI	ITA	MM4	49	01:32:45	01:32:45	13,65
210	148	FONTANA GIUSEPPE	ATL POD SAN GAVINO	ITA	MM5	25	01:32:45	01:32:45	13,65
211	472	CAPPAL ANTONIO	CCRS SORSO	ITA	MM4	50	01:32:46	01:32:46	13,65
212	162	CARIA FRANCESCO	POL UTA 2000	ITA	MM4	51	01:32:47	01:32:47	13,64

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domenica 22 novembre 2009

pos	pett	nome	team	naz	cat	pos	T.Gara	T.Reale	Media
213	235	SEU MASSIMO	GRUPPO POL DIL ASSEMINI	ITA	MM4	37	01:32:48	01:32:48	13,64
214	107	BISELLI MATTEO	ATL CORTOGHIANA	ITA	TM	23	01:32:57	01:32:57	13,62
215	442	DEPLANO BRUNELLO	POL GUILCER TEAM LA CITTA'	ITA	MM5	26	01:33:01	01:33:01	13,61
216	264	DOGLIO GIACOMO	GS RUNNERS CAGLIARI	ITA	MM4	52	01:33:01	01:33:01	13,61
217	434	MURGIA GIOVANNI	MARATHON CLUB ORISTANO	ITA	MM5	27	01:33:10	01:33:10	13,59
218	631	CECCARELLI LETIZIA	CIRC SPORT DIL ATL AMATORI	ITA	MF4	1	01:33:10	01:33:10	13,59
219	205	PIREDDA ALFREDO	SS SULCIS ATL CARBONIA	ITA	MM4	38	01:33:11	01:33:11	13,58
220	523	SPANO PIERPAOLO	GS MONTE ACUTO MARATHON	ITA	MM4	39	01:33:12	01:33:12	13,58
221	389	MANCA PIERO	CIRC SPORT DIL ATL AMATORI	ITA	MM4	53	01:33:17	01:33:17	13,57
222	498	PASSAGHE PIERANGELO	SOC ATL TEMPIO PAUSANIA	ITA	MM4	54	01:33:19	01:33:19	13,57
223	367	FERRARO VITTORIO	SARDEGNA KARALIS SPORT	ITA	MM5	28	01:33:23	01:33:23	13,55
224	170	PITZANTI MARCO	POL UTA 2000	ITA	MM5	29	01:33:25	01:33:25	13,55
225	28	FOLLESE ENRICO	SS ESPERIA	ITA	MM3	45	01:33:27	01:33:27	13,55
226	240	PABA SERGIO	GRUPPO POL DIL ASSEMINI	ITA	MM5	30	01:33:29	01:33:29	13,54
227	358	DENOTTI GIANLUCA	SARDEGNA KARALIS SPORT	ITA	MM4	55	01:33:32	01:33:32	13,53
228	470	TESTONI ANTONIO	ATL LEGG PORTO TORRES	ITA	MM4	40	01:33:34	01:33:34	13,53
229	211	LOCCI LUIGI	SS SULCIS ATL CARBONIA	ITA	MM5	31	01:33:34	01:33:34	13,53
230	186	PUTZOLU PAOLO	ATL IGLESIAS	ITA	MM6	2	01:33:36	01:33:36	13,52
231	533	COLLU IVO	GS MONTE ACUTO MARATHON	ITA	TM	24	01:33:38	01:33:38	13,52
232	487	CARBINI EUGENIO	POD AMATORI OLBIA	ITA	TM	25	01:33:41	01:33:41	13,51
233	536	PINNA IVO	I GUERRIERI DEL PAVONE	ITA	MM3	46	01:33:41	01:33:41	13,51
234	377	DELOGU DOMENICO	AS DELOGU NUORO	ITA	MM4	56	01:33:43	01:33:43	13,51
235	387	TUPPONE CRISTIANO	CIRC SPORT DIL ATL AMATORI	ITA	MM3	47	01:33:51	01:33:51	13,49
236	99	PIREDDU IGNAZIO	ATL CORTOGHIANA	ITA	MM4	41	01:33:53	01:33:53	13,48
237	271	LOI ALESSANDRO	GS RUNNERS CAGLIARI	ITA	MM4	42	01:33:54	01:33:54	13,48
238	220	DEIDDA GIANPAOLO	GRUPPO POL DIL ASSEMINI	ITA	MM3	48	01:33:55	01:33:55	13,48
239	543	PIU GIANNI	I GUERRIERI DEL PAVONE	ITA	MM4	57	01:34:02	01:34:02	13,46
240	336	DIANA ALESSANDRO	POL ATLETICA SANTADI	ITA	MM3	49	01:34:04	01:34:04	13,46
241	101	FADDA FRANCO	ATL CORTOGHIANA	ITA	MM5	32	01:34:07	01:34:07	13,45
242	433	CABRAS SILVIO	MARATHON CLUB ORISTANO	ITA	MM5	33	01:34:08	01:34:08	13,45
243	629	CAU ANTONELLA	CIRC SPORT DIL ATL AMATORI	ITA	MF3	3	01:34:08	01:34:08	13,45
244	379	CONTU BRUNO	AS DELOGU NUORO	ITA	MM5	34	01:34:10	01:34:10	13,44
245	577	CARBONI GIANFRANCO	UISP	ITA	MM4	43	01:34:14	01:34:14	13,43
246	40	PILLITU BENIAMINO	POL ATL SERRAMANNA	ITA	MM4	44	01:34:15	01:34:15	13,43
247	295	PANI ROBERTO	ATL VALERIA	ITA	MM4	58	01:34:20	01:34:20	13,42
248	554	MANCA ANTONIO	I GUERRIERI DEL PAVONE	ITA	TM	26	01:34:22	01:34:22	13,41
249	97	MEI GIANNI PAOLO	ATL CORTOGHIANA	ITA	MM4	45	01:34:24	01:34:24	13,41
250	375	MUSU GIUSEPPE	CAGLIARI MARATHON CLUB	ITA	TM	27	01:34:30	01:34:30	13,39
251	688	MEI VALERIO	POL ATLETICA SANTADI	ITA	MM4	46	01:34:32	01:34:32	13,39
252	510	CADELANO ANGELO	GS MONTE ACUTO MARATHON	ITA	MM3	50	01:34:34	01:34:34	13,39
253	208	COLLU ANGELO	SS SULCIS ATL CARBONIA	ITA	MM5	35	01:34:44	01:34:44	13,36
254	35	ARESU IGNAZIO	ATL ORROLI MARIANO LEONI	ITA	MM5	10	01:34:46	01:34:46	13,36
255	93	ZURRU STEFANO	ATL CORTOGHIANA	ITA	MM4	59	01:34:47	01:34:47	13,35
256	364	MONTALBANO ENRICO	SARDEGNA KARALIS SPORT	ITA	MM4	47	01:34:51	01:34:51	13,35
257	710	PIRAS LUIGI	ATLETICA PAVILLONES	ITA	MM5	36	01:34:52	01:34:52	13,34
258	185	SALIS MARCO	ATL IGLESIAS	ITA	MM6	2	01:34:52	01:34:52	13,34
259	663	CORRIAS FABIO	FUTURA CAGLIARI SOLOATLETICA	ITA	MM5	11	01:34:53	01:34:53	13,34
260	187	SIBIRIU ALESSANDRO	ATL IGLESIAS	ITA	MM6	3	01:34:54	01:34:54	13,34
261	357	BENUZZI FABIO	SARDEGNA KARALIS SPORT	ITA	MM4	60	01:34:55	01:34:55	13,34
262	488	SELIS CARLO	POD AMATORI OLBIA	ITA	TM	28	01:34:59	01:34:59	13,33
263	641	MULTINEDDU DANIELA MARZIA	GS MONTE ACUTO MARATHON	ITA	MF3	4	01:35:01	01:35:01	13,32
264	687	PORCU ROBERTO	ATLETICA CARALIS	ITA	MM4	61	01:35:10	01:35:10	13,30
265	57	RAGAZZU FRANCESCO	ATLETICA SELARGIUS	ITA	MM5	12	01:35:10	01:35:10	13,30

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pos	pett	nome	team	naz	cat	pos	T.Gara	T.Reale	Media
266	707	MONNIS MARCO CLAUDIO	ATL SAN SPERATE	ITA	MM3	51	01:35:11	01:35:11	13,30
267	448	D'ELIA LORENZO	ASC ATL SAN GIOVANNI	ITA	MM4	48	01:35:13	01:35:13	13,29
268	346	CAPPELLU MAURIZIO	ATL EDOARDO SANNA ELMAS	ITA	MM3	52	01:35:15	01:35:15	13,29
269	349	COZZOLINO MAURIZIO	ATL EDOARDO SANNA ELMAS	ITA	MM4	49	01:35:17	01:35:17	13,28
270	426	BELLU FELICE	AMATORI TERRALBA	ITA	MM6	3	01:35:19	01:35:19	13,28
271	103	SPANU FRANCESCO	ATL CORTOGHIANA	ITA	MM5	37	01:35:30	01:35:30	13,26
272	337	FOIS ANTONIO	POL ATLETICA SANTADI	ITA	MM3	53	01:35:37	01:35:37	13,24
273	27	CAO LUCIANO	S G AMSICORA	ITA	MM5	13	01:35:38	01:35:38	13,24
274	413	MEREU LUCIANO	RIU MANNU GONNOSTRAMATZA	ITA	MM5	14	01:35:41	01:35:41	13,23
275	657	ONANO MAURO	UISP	ITA	MM4	50	01:35:44	01:35:44	13,22
276	621	GROSSO ALESSANDRA	SARDEGNA KARALIS SPORT	ITA	MF3	5	01:35:49	01:35:49	13,21
277	385	PUGGIONI ANNIBALE GIOVANNI	CS FIAMMA MACOMER	ITA	MM5	38	01:35:56	01:35:56	13,20
278	216	SERVENTI GIORGIO	SS SULCIS ATL CARBONIA	ITA	MM6	4	01:36:10	01:36:10	13,16
279	535	BIOSEA EMILIANO	I GUERRIERI DEL PAVONE	ITA	MM3	54	01:36:14	01:36:14	13,15
280	468	SECCHI SALVATORE	DOP PETROLCHIMICO PORTOTORRES	ITA	MM6	5	01:36:15	01:36:15	13,15
281	246	ORTU ANTONIO	ATLETICA VILLAMARESE	ITA	MM4	62	01:36:15	01:36:15	13,15
282	709	PREGIO BRUNO	SS SPORTING S.I.E.	ITA	MM5	15	01:36:16	01:36:16	13,15
283	73	UCCHEDDU MAURIZIO	C.S.C.R. PULA	ITA	MM4	63	01:36:20	01:36:20	13,14
284	140	ORRU' FABIO	FUTURA CAGLIARI SOLOATLETICA	ITA	MM4	64	01:36:32	01:36:32	13,11
285	526	FALCONI MARIO	GS MONTE ACUTO MARATHON	ITA	MM5	39	01:36:35	01:36:35	13,11
286	71	SANTU GABRIELE	C.S.C.R. PULA	ITA	MM3	55	01:36:37	01:36:37	13,10
287	519	DELIPERI MARIO	GS MONTE ACUTO MARATHON	ITA	MM4	51	01:36:39	01:36:39	13,10
288	467	FIORI VINCENZO ANTONIO	DOP PETROLCHIMICO PORTOTORRES	ITA	MM5	40	01:36:42	01:36:42	13,09
289	122	ANGIUS FRANCESCO	SS SPORTING S.I.E.	ITA	MM3	56	01:36:49	01:36:49	13,07
290	176	FENU FABRIZIO	ATL IGLESIAS	ITA	MM3	57	01:36:51	01:36:51	13,07
291	574	SERPI SILVANO	POLISPORTIVA S.TERESA 94 ASS.	ITA	MM5	41	01:36:55	01:36:55	13,06
292	117	MULLER FERNANDO	POL JOLAO IGLESIAS	ITA	MM5	16	01:37:00	01:37:00	13,05
293	350	USAI FERNANDO	ATL EDOARDO SANNA ELMAS	ITA	MM4	52	01:37:01	01:37:01	13,05
294	201	VALDES RAFFAELE	NUOVA ATL SESTU	ITA	MM5	42	01:37:04	01:37:04	13,04
295	563	MARANO SEBASTIANO	ALGHERO MARATHON	ITA	MM4	65	01:37:06	01:37:06	13,04
296	282	MAMELI SERGIO	GS RUNNERS CAGLIARI	ITA	MM5	17	01:37:06	01:37:06	13,04
297	618	ALBERTI MONICA	ATL EDOARDO SANNA ELMAS	ITA	MF3	6	01:37:09	01:37:09	13,03
298	141	PISANO EMANUELE	FUTURA CAGLIARI SOLOATLETICA	ITA	MM4	66	01:37:10	01:37:10	13,03
299	527	MORITTU GAVINO PAOLO	GS MONTE ACUTO MARATHON	ITA	MM5	43	01:37:10	01:37:10	13,03
300	77	UCCHEDDU TOMMASO	C.S.C.R. PULA	ITA	TM	29	01:37:14	01:37:14	13,02
301	491	LIPERI GIOVANNI GAVINO	ATLETICA PLOAGHE	ITA	MM4	67	01:37:17	01:37:17	13,01
302	363	LACONI ANGELO	SARDEGNA KARALIS SPORT	ITA	MM4	53	01:37:19	01:37:19	13,01
303	59	PILUDU MASSIMILIANO	ATLETICA SELARGIUS	ITA	TM	30	01:37:20	01:37:20	13,01
304	41	SODDU GIANNI	POL ATL SERRAMANNA	ITA	MM4	54	01:37:24	01:37:24	13,00
305	570	SANNIO GIUSEPPE	ALGHERO MARATHON	ITA	MM6	4	01:37:25	01:37:25	12,99
306	266	MULAS MASSIMILIANO	GS RUNNERS CAGLIARI	ITA	MM4	68	01:37:27	01:37:27	12,99
307	562	ELETTI BRUNO	ALGHERO MARATHON	ITA	MM4	69	01:37:35	01:37:35	12,97
308	496	CUBEDDU MAURO	ATLETICA PLOAGHE	ITA	MM5	18	01:37:37	01:37:37	12,97
309	131	ARIU SALVATORE	SS SPORTING S.I.E.	ITA	MM6	6	01:37:47	01:37:47	12,95
310	494	PILO MATTEO	ATLETICA PLOAGHE	ITA	MM4	55	01:37:53	01:37:53	12,93
311	226	GIRAU FEDELE MASSIMO	GRUPPO POL DIL ASSEMINI	ITA	MM4	70	01:37:53	01:37:53	12,93
312	503	CARBONI PIETRO	SOC ATL TEMPIO PAUSANIA	ITA	MM5	19	01:37:58	01:37:58	12,92
313	399	LEDDA PIETRO	CIRC SPORT DIL ATL AMATORI	ITA	MM4	56	01:38:07	01:38:07	12,90
314	137	PERRA ITALO	GS ATLETICA CAPOTERRA	ITA	MM4	57	01:38:08	01:38:08	12,90
315	144	ATZORI GESUINO	FUTURA CAGLIARI SOLOATLETICA	ITA	MM5	20	01:38:10	01:38:10	12,90
316	183	VIRDIS LUCIANO	ATL IGLESIAS	ITA	MM5	21	01:38:14	01:38:14	12,89
317	484	RUIU FRANCO	POD AMATORI OLBIA	ITA	MM4	58	01:38:19	01:38:19	12,88
318	263	DEIANA ALESSANDRO	GS RUNNERS CAGLIARI	ITA	MM4	71	01:38:20	01:38:20	12,87

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pos	pett	nome	team	naz	cat	pos	T.Gara	T.Reale	Media
319	394	PORCU GIUSEPPE	CIRC SPORT DIL ATL AMATORI	ITA	MM4	72	01:38:20	01:38:20	12,87
320	393	PORCU ANTONIO	CIRC SPORT DIL ATL AMATORI	ITA	MM4	73	01:38:20	01:38:20	12,87
321	80	BRUNDU GIUSEPPE	AS TESIENSE QUARTU	ITA	MM3	58	01:38:21	01:38:21	12,87
322	312	DAGA RENATO	AS SURVIVAL TRIATHLON	ITA	MM5	44	01:38:23	01:38:23	12,87
323	128	MERICI ALESSANDRO	SS SPORTING S.I.E.	ITA	MM4	59	01:38:24	01:38:24	12,86
324	125	MEDDA CARLO	SS SPORTING S.I.E.	ITA	MM4	74	01:38:24	01:38:24	12,86
325	119	RISALVATO MAURIZIO	ATL KARALIS	ITA	MM4	75	01:38:25	01:38:25	12,86
326	106	MAGAI GIOVANNI	ATL CORTOGHIANA	ITA	MM6	7	01:38:27	01:38:27	12,86
327	652	CANU MARIA PASQUALE	ALGHERO MARATHON	ITA	MF5	1	01:38:32	01:38:32	12,85
328	366	DEMONTIS ALDO	SARDEGNA KARALIS SPORT	ITA	MM5	45	01:38:39	01:38:39	12,83
329	289	PILI FRANCO	GS RUNNERS CAGLIARI	ITA	MM6	5	01:38:46	01:38:46	12,82
330	342	DONGU FRANCESCO	POL ATLETICA SANTADI	ITA	MM4	76	01:38:46	01:38:46	12,82
331	164	ZONCHELLO STEFANO	POL UTA 2000	ITA	MM4	60	01:38:50	01:38:50	12,81
332	89	MASILI ROBERTO	ATL CORTOGHIANA	ITA	MM4	77	01:38:51	01:38:51	12,81
333	168	CAMBULI LUIGI	POL UTA 2000	ITA	MM5	46	01:38:53	01:38:53	12,80
334	480	FRISONE ANTONINO	POD AMATORI OLBIA	ITA	MM3	59	01:38:55	01:38:55	12,80
335	116	FENU CARLO	POL JOLAO IGLESIAS	ITA	MM4	61	01:38:56	01:38:56	12,79
336	45	ATZENI PIERANGELO	POL ATL SERRAMANNA	ITA	MM5	22	01:38:56	01:38:56	12,79
337	38	ADDARI GIUSEPPE	POL ATL SERRAMANNA	ITA	MM4	62	01:38:57	01:38:57	12,79
338	249	SIDDU GILBERTO	ATLETICA VILLAMARESE	ITA	MM6	8	01:38:59	01:38:59	12,79
339	344	TIDDIA GIOVANNI	POL ATLETICA SANTADI	ITA	MM5	47	01:39:00	01:39:00	12,79
340	593	MINNAI EMILIA	SS SPORTING S.I.E.	ITA	MF4	2	01:39:00	01:39:00	12,79
341	392	MUSONE VINCENZO	CIRC SPORT DIL ATL AMATORI	ITA	MM4	78	01:39:01	01:39:01	12,78
342	410	NOCERINO GIUSEPPE	CIRC SPORT DIL ATL AMATORI	ITA	MM6	9	01:39:01	01:39:01	12,78
343	435	PUTZOLU FLAVIO	MARATHON CLUB ORISTANO	ITA	MM5	48	01:39:07	01:39:07	12,77
344	665	ANGIONI LUCIANO	MARATHON CLUB ORISTANO	ITA	MM6	10	01:39:08	01:39:08	12,77
345	279	MELIS TOMASINO	GS RUNNERS CAGLIARI	ITA	MM5	49	01:39:10	01:39:10	12,76
346	423	BIOLLA GIANLUCA	AMATORI TERRALBA	ITA	MM3	60	01:39:18	01:39:18	12,75
347	212	SERRA MAURIZIO	SS SULCIS ATL CARBONIA	ITA	MM5	50	01:39:20	01:39:20	12,74
348	102	MELIS BRUNO	ATL CORTOGHIANA	ITA	MM5	51	01:39:29	01:39:29	12,72
349	460	SODDU GIUSEPPE	ATLETICA OZIERI	ITA	MM5	23	01:39:30	01:39:30	12,72
350	118	FADDA LUCIANO	ATL KARALIS	ITA	MM3	61	01:39:36	01:39:36	12,71
351	64	PANI LEONARDO	US ATL GUSPINI	ITA	MM4	63	01:39:41	01:39:41	12,70
352	655	ALBA GIANCARLO	UISP	ITA	MM4	79	01:39:42	01:39:42	12,70
353	449	AZZENA ALDO	ASC ATL SAN GIOVANNI	ITA	MM6	6	01:39:44	01:39:44	12,69
354	704	SQUICCIARINI NICOLA	GSD G.S. BRANCALEONE ASTI	ITA	MM5	24	01:39:50	01:39:50	12,68
355	149	PILLONI ROBERTO	ATL POD SAN GAVINO	ITA	MM5	52	01:39:51	01:39:51	12,68
356	307	DAGA SANDRO	AS SURVIVAL TRIATHLON	ITA	MM4	80	01:39:51	01:39:51	12,68
357	507	FARA MARIO	SOC ATL TEMPIO PAUSANIA	ITA	MM6	11	01:39:53	01:39:53	12,67
358	65	SCANU ROBERTO	US ATL GUSPINI	ITA	MM5	53	01:39:56	01:39:56	12,67
359	676	TAGLIAFERRI ROBERTA	POLISPORTIVA VILLASALTO	ITA	MF4	2	01:40:00	01:40:00	12,66
360	444	SERRA GUIDO	POLISPORTIVA RUNNERS ORISTANO	ITA	MM5	54	01:40:07	01:40:07	12,64
361	22	FOIS ELEONORA	ATL POD SAN GAVINO	ITA	SF	4	01:40:11	01:40:11	12,64
362	151	MEDDA SALVATORE	ATL POD SAN GAVINO	ITA	MM5	25	01:40:11	01:40:11	12,63
363	550	MELE GIOVANNI	I GUERRIERI DEL PAVONE	ITA	MM5	55	01:40:12	01:40:12	12,63
364	29	COGOTZI PAOLO	ATL ORROLI MARIANO LEONI	ITA	MM3	62	01:40:15	01:40:15	12,63
365	418	MELIS GIAN FRANCO	GS PIONIERI MARMILLA MOGORO	ITA	MM4	64	01:40:19	01:40:19	12,62
366	546	RAIANO PASQUALE	I GUERRIERI DEL PAVONE	ITA	MM4	65	01:40:20	01:40:20	12,62
367	288	PITZALIS FERNANDO	GS RUNNERS CAGLIARI	ITA	MM6	12	01:40:22	01:40:22	12,61
368	179	MELIS IGNAZIO	ATL IGLESIAS	ITA	MM4	81	01:40:28	01:40:28	12,60
369	597	CAROLA STEFANIA	ATL POD SAN GAVINO	ITA	MF3	7	01:40:35	01:40:35	12,58
370	338	LEDDA TONIO ANGELO	POL ATLETICA SANTADI	ITA	MM3	63	01:40:37	01:40:37	12,58
371	311	ZEDDA ALESSANDRO	AS SURVIVAL TRIATHLON	ITA	MM4	66	01:40:39	01:40:39	12,58

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pos	pett	nome	team	naz	cat	pos	T.Gara	T.Reale	Media
372	175	MUSCAS ENRICO	POL UTA 2000	ITA	TM	31	01:40:43	01:40:43	12,57
373	206	ANARDU IGNAZIO	SS SULCIS ATL CARBONIA	ITA	MM5	56	01:40:45	01:40:45	12,56
374	287	PALLA PLINIO	GS RUNNERS CAGLIARI	ITA	MM6	13	01:40:50	01:40:50	12,55
375	605	PINTUS STEFANIA	NUOVA ATL SESTU	ITA	TF	2	01:40:52	01:40:52	12,55
376	424	PUTZOLU STEFANO	AMATORI TERRALBA	ITA	MM3	64	01:40:53	01:40:53	12,55
377	511	LELLA ANTONIO MARCELLO	GS MONTE ACUTO MARATHON	ITA	MM3	65	01:40:54	01:40:54	12,54
378	453	CASU GIOVANNI	POL LIB ATL SASSARI	ITA	MM4	67	01:40:56	01:40:56	12,54
379	166	LOCHE DAVIDE	POL UTA 2000	ITA	MM4	68	01:41:03	01:41:03	12,53
380	384	BUSIO PIETRO PAOLO	CS FIAMMA MACOMER	ITA	MM5	57	01:41:03	01:41:03	12,53
381	581	ARDAU ALESSANDRA	ATLETICA SELARGIUS	ITA	MF4	3	01:41:07	01:41:07	12,52
382	280	ZUDDAS VINCENZO	GS RUNNERS CAGLIARI	ITA	MM5	58	01:41:24	01:41:24	12,48
383	450	MISCALI GIANLUCA	STUDIUM ET STADIUM	ITA	MM4	82	01:41:30	01:41:30	12,47
384	301	ESPOSITO ALESSIO	ATL VALERIA	ITA	TM	32	01:41:31	01:41:31	12,47
385	452	PIU PAOLO	POL LIB ATL SASSARI	ITA	MM3	66	01:41:31	01:41:31	12,47
386	265	GIGLIO WALTER	GS RUNNERS CAGLIARI	ITA	MM4	83	01:41:31	01:41:31	12,47
387	656	BIFFA GIANNI	UISP	ITA	MM4	84	01:41:35	01:41:35	12,46
388	661	MURENU ALESSANDRO	AMSORA CAGLIARI	ITA	MM4	69	01:41:39	01:41:39	12,45
389	673	CHERCHI ANGELO	AMSORA CAGLIARI	ITA	MM5	26	01:41:51	01:41:51	12,43
390	209	DESSI' GIORGIO	SS SULCIS ATL CARBONIA	ITA	MM5	59	01:41:55	01:41:55	12,42
391	136	BAIRE ROBERTO	GS ATLETICA CAPOTERRA	ITA	MM4	85	01:41:58	01:41:58	12,41
392	253	PUDDU ENRICO	GS RUNNERS CAGLIARI	ITA	MM3	67	01:42:00	01:42:00	12,41
393	557	SASU PAOLINO	GS ATLETICA RUNNERS OSCHIRI	ITA	MM6	14	01:42:01	01:42:01	12,41
394	135	PIANO GIOVANNI	GS ATLETICA CAPOTERRA	ITA	MM3	68	01:42:01	01:42:01	12,41
395	690	TRADORI GIANLUCA	GS RUNNERS CAGLIARI	ITA	MM4	86	01:42:02	01:42:02	12,41
396	402	SATGIA BIAGIO	CIRC SPORT DIL ATL AMATORI	ITA	MM4	70	01:42:04	01:42:04	12,40
397	237	TATTI ENRICO	GRUPPO POL DIL ASSEMINI	ITA	MM4	71	01:42:06	01:42:06	12,40
398	521	PISANU LUCIO	GS MONTE ACUTO MARATHON	ITA	MM4	72	01:42:09	01:42:09	12,39
399	365	ANGIUS GIANLUIGI	SARDEGNA KARALIS SPORT	ITA	MM5	60	01:42:16	01:42:16	12,38
400	611	CAPPAL VALERIA	GS RUNNERS CAGLIARI	ITA	MF4	3	01:42:16	01:42:16	12,38
401	601	CUCCU SUSANNA	ATL IGLESIAS	ITA	MF4	4	01:42:24	01:42:24	12,36
402	181	SANNA MARCO PIERO	ATL IGLESIAS	ITA	MM4	73	01:42:27	01:42:27	12,36
403	464	RICCIU ELIO ANTONIO	DOP PETROLCHIMICO PORTOTORRES	ITA	MM4	74	01:42:28	01:42:28	12,35
404	261	CASINI GIANLUCA	GS RUNNERS CAGLIARI	ITA	MM4	87	01:42:37	01:42:37	12,34
405	247	PIANO MARCO	ATLETICA VILLAMARESE	ITA	MM4	75	01:42:43	01:42:43	12,32
406	291	GESSA DAMIANO	GS RUNNERS CAGLIARI	ITA	TM	33	01:42:44	01:42:44	12,32
407	66	SEDDA FRANCO	US ATL GUSPINI	ITA	MM5	61	01:42:46	01:42:46	12,32
408	104	ERA ANDREA	ATL CORTOGHIANA	ITA	MM5	27	01:42:54	01:42:54	12,30
409	407	FARINA FRANCO	CIRC SPORT DIL ATL AMATORI	ITA	MM5	28	01:42:58	01:42:58	12,29
410	241	CASULA EMILIO	GRUPPO POL DIL ASSEMINI	ITA	MM5	29	01:43:00	01:43:00	12,29
411	84	IBBA BENEDETTO	AS TESPIENSE QUARTU	ITA	MM6	15	01:43:06	01:43:06	12,28
412	50	FORNARI ANTONELLO	ATLETICA SELARGIUS	ITA	MM4	88	01:43:09	01:43:09	12,27
413	333	SALIS ANGELO	OLYMPIA VILLACIDRO	ITA	MM5	62	01:43:10	01:43:10	12,27
414	582	OLLA ANNA MARIA	ATLETICA SELARGIUS	ITA	MF4	4	01:43:11	01:43:11	12,27
415	52	MEREU GIANCARLO	ATLETICA SELARGIUS	ITA	MM4	76	01:43:11	01:43:11	12,27
416	478	SIRCANA GIOVANNINO	CCRS SORSO	ITA	MM6	7	01:43:14	01:43:14	12,26
417	520	NUGHES SALVATORE	GS MONTE ACUTO MARATHON	ITA	MM4	77	01:43:17	01:43:17	12,26
418	640	DERIU DANIELA	GS MONTE ACUTO MARATHON	ITA	MF3	8	01:43:17	01:43:17	12,25
419	330	MUSCAS GIUSEPPE	OLYMPIA VILLACIDRO	ITA	MM4	78	01:43:26	01:43:26	12,24
420	400	PROIA WALTER	CIRC SPORT DIL ATL AMATORI	ITA	MM4	79	01:43:32	01:43:32	12,23
421	92	SODI MAURIZIO	ATL CORTOGHIANA	ITA	MM4	89	01:43:40	01:43:40	12,21
422	313	MUSIU ROBERTO FELICINO	AS SURVIVAL TRIATHLON	ITA	MM5	63	01:43:52	01:43:52	12,19
423	298	TRUDU FRANCESCO	ATL VALERIA	ITA	MM5	64	01:43:53	01:43:53	12,18
424	482	BASSU MASSIMILIANO	POD AMATORI OLBIA	ITA	MM4	90	01:43:56	01:43:56	12,18

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pos	pett	nome	team	naz	cat	pos	T.Gara	T.Reale	Media
425	617	LEDDA PIERINA	POL ATLETICA SANTADI	ITA	MF4	5	01:44:01	01:44:01	12,17
426	679	MAVIGLIA PASQUALE	MARATHON CLUB ORISTANO	ITA	MM5	30	01:44:06	01:44:06	12,16
427	334	ONNIS VINCENZO	OLYMPIA VILLACIDRO	ITA	MM5	31	01:44:21	01:44:21	12,13
428	152	CAROLA ELVIO	ATL POD SAN GAVINO	ITA	MM6	8	01:44:26	01:44:26	12,12
429	177	FRAU GIANLUIGI	ATL IGLESIAS	ITA	MM4	91	01:44:32	01:44:32	12,11
430	105	COSSU FRANCO	ATL CORTOGHIANA	ITA	MM6	16	01:44:37	01:44:37	12,10
431	590	CRESPI PAOLA	AS TESPIENSE QUARTU	ITA	TF	3	01:44:43	01:44:43	12,09
432	689	MADEDDU GAVINO	GS ATLETICA CAPOTERRA	ITA	MM4	80	01:44:49	01:44:49	12,08
433	670	PORCU MAURO	POL LIBERTAS CAMPIDANO	ITA	MM5	65	01:44:51	01:44:51	12,07
434	270	DEGIOANNIS PIERPAOLO	GS RUNNERS CAGLIARI	ITA	MM4	81	01:44:52	01:44:52	12,07
435	199	SANNA LINO	ATL SAN SPERATE	ITA	MM7	1	01:44:55	01:44:55	12,06
436	273	PISANO ANTONIO	GS RUNNERS CAGLIARI	ITA	MM4	82	01:44:56	01:44:56	12,06
437	639	CARDIA AGOSTINA PAOLA	POD AMATORI OLBIA	ITA	MF4	6	01:44:58	01:44:58	12,06
438	713	MELIS GIUSEPPE	ATL SAMATZAI GIORGIO MELIS	ITA	MM6	17	01:44:59	01:44:59	12,06
439	286	DEMURTAS NINO	GS RUNNERS CAGLIARI	ITA	MM6	18	01:45:07	01:45:07	12,04
440	184	CARTA GIUSEPPE	ATL IGLESIAS	ITA	MM6	19	01:45:14	01:45:14	12,03
441	432	MOREGGIO CLAUDIO	MARATHON CLUB ORISTANO	ITA	MM4	83	01:45:15	01:45:15	12,03
442	396	COGONI CAMILLO	CIRC SPORT DIL ATL AMATORI	ITA	MM4	84	01:45:16	01:45:16	12,02
443	108	BONETTI ALESSANDRO	ATL CORTOGHIANA	ITA	TM	34	01:45:17	01:45:17	12,02
444	405	CALLEDDA NICOLA IGNAZIO	CIRC SPORT DIL ATL AMATORI	ITA	MM5	66	01:45:17	01:45:17	12,02
445	509	TORTU MARCO	SOC ATL TEMPIO PAUSANIA	ITA	TM	35	01:45:17	01:45:17	12,02
446	603	PIGA MARTA	NUOVA ATL SESTU	ITA	MF4	5	01:45:17	01:45:17	12,02
447	475	FARRU SALVATORE	CCRS SORSO	ITA	MM5	67	01:45:20	01:45:20	12,02
448	610	CAPPAL GABRIELLA	GS RUNNERS CAGLIARI	ITA	MF4	7	01:45:34	01:45:34	11,99
449	146	FRONGIA GIORGIO	ATL POD SAN GAVINO	ITA	MM4	85	01:45:44	01:45:44	11,97
450	370	MAGGESE LUCA	CAGLIARI MARATHON CLUB	ITA	MM4	92	01:45:48	01:45:48	11,96
451	542	MURA SALVATORE	I GUERRIERI DEL PAVONE	ITA	MM4	93	01:45:50	01:45:50	11,96
452	425	FONNESU FABIO	AMATORI TERRALBA	ITA	MM4	94	01:45:51	01:45:51	11,96
453	420	ORRU' SALVATORE	GS PIONIERI MARMILLA MOGORO	ITA	MM4	86	01:45:56	01:45:56	11,95
454	594	ALLIERI ROSSANA	FUTURA CAGLIARI SOLOATLETICA	ITA	MF4	6	01:46:01	01:46:01	11,94
455	431	MANCOSU SALVATORE	MARATHON CLUB ORISTANO	ITA	MM4	87	01:46:11	01:46:11	11,92
456	173	MOI MARCO	POL UTA 2000	ITA	MM6	20	01:46:12	01:46:12	11,92
457	376	PORCU LAURO	CAGLIARI MARATHON CLUB	ITA	TM	36	01:46:23	01:46:23	11,90
458	78	LOCCI GIAN CARLO	POL PARTEOLLA DOLIANOVA	ITA	MM6	9	01:46:25	01:46:25	11,89
459	697	ANNICIELLO LUIGI	GRUPPO POL DIL ASSEMINI	ITA	MM4	95	01:46:25	01:46:25	11,89
460	620	MELIS GIOVANNA	ATL EDOARDO SANNA ELMAS	ITA	MF4	7	01:46:32	01:46:32	11,88
461	505	GRANITZIA SALVATORE	SOC ATL TEMPIO PAUSANIA	ITA	MM5	32	01:46:33	01:46:33	11,88
462	277	LAMPIS GIAMPAOLO	GS RUNNERS CAGLIARI	ITA	MM5	68	01:46:38	01:46:38	11,87
463	692	PETERS ANDREA	GS RUNNERS CAGLIARI	ITA	MF4	8	01:46:46	01:46:46	11,86
464	314	FANARI ENNIO	AS SURVIVAL TRIATHLON	ITA	MM5	33	01:46:55	01:46:55	11,84
465	445	DORO PIER LUIGI	C.U.S. SASSARI	ITA	MM6	21	01:46:58	01:46:58	11,83
466	669	CORRIGA UGO	ATLETICA CARALIS	ITA	MM5	69	01:47:23	01:47:23	11,79
467	368	PANI NICOLA	CAGLIARI MARATHON CLUB	ITA	MM3	69	01:47:34	01:47:34	11,77
468	326	MOCCI MARCO	OLYMPIA VILLACIDRO	ITA	MM4	96	01:47:42	01:47:42	11,75
469	695	CANNAS PAOLO	GS RUNNERS CAGLIARI	ITA	MM4	88	01:47:43	01:47:43	11,75
470	636	PISU DANIELA	DOP PETROLCHIMICO PORTOTORRES	ITA	MF4	9	01:47:46	01:47:46	11,75
471	508	MORI GINO CELSO	SOC ATL TEMPIO PAUSANIA	ITA	MM6	22	01:47:52	01:47:52	11,73
472	644	SCANO DONATELLA	GS MONTE ACUTO MARATHON	ITA	MF4	8	01:47:56	01:47:56	11,73
473	666	MARIANO MANCA	MARATHON CLUB ORISTANO	ITA	MM5	70	01:47:57	01:47:57	11,73
474	516	SALIS PIER LUIGI	GS MONTE ACUTO MARATHON	ITA	MM4	97	01:47:59	01:47:59	11,72
475	361	GHIANI LUCA	SARDEGNA KARALIS SPORT	ITA	MM4	98	01:48:13	01:48:13	11,70
476	328	SESSINI PAOLO	OLYMPIA VILLACIDRO	ITA	MM4	99	01:48:17	01:48:17	11,69
477	335	SEDDA GIUSEPPE	OLYMPIA VILLACIDRO	ITA	MM5	34	01:48:17	01:48:17	11,69

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domenica 22 novembre 2009

pos	pett	nome	team	naz	cat	pos	T.Gara	T.Reale	Media
478	567	CARPENTRAS GIOVANNI	ALGHERO MARATHON	ITA	MM5	71	01:48:26	01:48:26	11,67
479	159	CHERCHI OSCAR	POL UTA 2000	ITA	MM3	70	01:48:30	01:48:30	11,67
480	319	CARDIA RUDY	OLYMPIA VILLACIDRO	ITA	MM3	71	01:48:44	01:48:44	11,64
481	269	CITTADINI MAURIZIO	GS RUNNERS CAGLIARI	ITA	MM4	89	01:48:58	01:48:58	11,62
482	121	PILLONI LUCA	ATL KARALIS	ITA	MM4	90	01:48:58	01:48:58	11,62
483	178	MASILI PIETRO FELICE	ATL IGLESIAS	ITA	MM4	100	01:49:00	01:49:00	11,61
484	598	COLLU BARBARA	ATL POD SAN GAVINO	ITA	MF4	10	01:49:05	01:49:05	11,60
485	150	GALLESE NANDO	ATL POD SAN GAVINO	ITA	MM5	35	01:49:07	01:49:07	11,60
486	558	SOTGIA DOMENICO	GS ATLETICA RUNNERS OSCHIRI	ITA	MM6	23	01:49:12	01:49:12	11,59
487	381	FRAU FRANCO	AS DELOGU NUORO	ITA	MM5	36	01:49:22	01:49:22	11,57
488	703	MURGIONI VINCENZO	AS SURVIVAL TRIATHLON	ITA	MM4	101	01:49:25	01:49:25	11,57
489	524	CANOPOLI MARIO	GS MONTE ACUTO MARATHON	ITA	MM5	72	01:49:29	01:49:29	11,56
490	653	NARACCI RITA	ALGHERO MARATHON	ITA	TF	4	01:49:32	01:49:32	11,56
491	545	PELLIZZARO PAOLO	I GUERRIERI DEL PAVONE	ITA	MM4	91	01:49:35	01:49:35	11,55
492	214	FIGUS ANTONELLO	SS SULCIS ATL CARBONIA	ITA	MM5	37	01:49:45	01:49:45	11,53
493	285	OTTONELLO PAOLO	GS RUNNERS CAGLIARI	ITA	MM5	38	01:49:51	01:49:51	11,52
494	607	DESSI' DANIELA	SS SULCIS ATL CARBONIA	ITA	TF	5	01:49:51	01:49:51	11,52
495	343	ETZI MASSIMO	POL ATLETICA SANTADI	ITA	MM4	92	01:49:52	01:49:52	11,52
496	272	MEREU ANTONELLO	GS RUNNERS CAGLIARI	ITA	MM4	93	01:50:11	01:50:11	11,49
497	694	CABIZZA GIAN NICOLA	ATL SAN GIOVANNI SASSARI	ITA	MM5	39	01:50:21	01:50:21	11,47
498	213	VACCA GIANCARLO	SS SULCIS ATL CARBONIA	ITA	MM5	73	01:50:27	01:50:27	11,46
499	506	COLLU CARLO	SOC ATL TEMPIO PAUSANIA	ITA	MM6	24	01:50:27	01:50:27	11,46
500	700	LENER ALESSANDRO	AS SURVIVAL TRIATHLON	ITA	MM6	10	01:50:29	01:50:29	11,46
501	675	SEDDA ROBERTA	AS SURVIVAL TRIATHLON	ITA	MF3	9	01:50:30	01:50:30	11,46
502	591	ZANDA ANNA RITA	ATL CORTOGHIANA	ITA	MF4	11	01:50:30	01:50:30	11,46
503	165	ROCCA ANTONIO	POL UTA 2000	ITA	MM4	102	01:51:09	01:51:09	11,39
504	353	UCCHEDDU ALBERTO	ATL EDOARDO SANNA ELMAS	ITA	MM5	74	01:51:48	01:51:48	11,32
505	91	PEDDIS STEFANO	ATL CORTOGHIANA	ITA	MM4	103	01:51:56	01:51:56	11,31
506	422	CASU VINCENZO	GS PIONIERI MARMILLA MOGORO	ITA	MM5	40	01:52:00	01:52:00	11,30
507	583	MANUNZA VERONICA	ATLETICA SELARGIUS	ITA	TF	6	01:52:01	01:52:01	11,30
508	147	MUSIU GIORGIO	ATL POD SAN GAVINO	ITA	MM4	94	01:52:16	01:52:16	11,27
509	341	SALIS EMANUELE	POL ATLETICA SANTADI	ITA	MM3	72	01:52:20	01:52:20	11,27
510	324	LABRIOLA ANTONIO	OLYMPIA VILLACIDRO	ITA	MM4	104	01:52:36	01:52:36	11,24
511	83	BRUGHITTA ADRIANO	AS TESPIENSE QUARTU	ITA	MM5	41	01:52:41	01:52:41	11,23
512	459	PALA ANGELO	ATLETICA OZIERI	ITA	MM5	42	01:52:46	01:52:46	11,23
513	67	VACCA ANTONELLO	US ATL GUSPINI	ITA	MM5	43	01:52:48	01:52:48	11,22
514	587	STRINA MARIANGELA	US ATL GUSPINI	ITA	MF4	9	01:52:49	01:52:49	11,22
515	622	MAMELI GIULIA	SARDEGNA KARALIS SPORT	ITA	TF	7	01:52:53	01:52:53	11,21
516	600	OTTAVIANI MICHELINA	ATL POD SAN GAVINO	ITA	MF5	1	01:52:53	01:52:53	11,21
517	369	PANI ALESSANDRO	CAGLIARI MARATHON CLUB	ITA	MM3	73	01:53:07	01:53:07	11,19
518	132	MANCONI MARIO	SS SPORTING S.I.E.	ITA	MM6	11	01:53:12	01:53:12	11,18
519	172	MANDAS IGNAZIO	POL UTA 2000	ITA	MM5	44	01:53:13	01:53:13	11,18
520	632	GILONI GIUSEPPINA	CIRC SPORT DIL ATL AMATORI	ITA	MF4	10	01:53:55	01:53:55	11,11
521	138	PUSCEDDU CELESTINO	GS ATLETICA CAPOTERRA	ITA	MM4	95	01:54:08	01:54:08	11,09
522	163	CATTE GIOVANNI LUIGI	POL UTA 2000	ITA	MM4	105	01:54:08	01:54:08	11,09
523	207	ARGIOLAS ELIO	SS SULCIS ATL CARBONIA	ITA	MM5	75	01:54:12	01:54:12	11,08
524	299	TUVERI FAUSTO	ATL VALERIA	ITA	MM5	45	01:54:17	01:54:17	11,08
525	139	MOCCI GIAMPAOLO	GS ATLETICA CAPOTERRA	ITA	MM6	12	01:54:21	01:54:21	11,07
526	469	SINI GIOVANNI	DOP PETROLCHIMICO PORTOTORRES	ITA	MM6	13	01:54:26	01:54:26	11,06
527	551	SALARIS GIOVANNI BATTISTA	I GUERRIERI DEL PAVONE	ITA	MM5	76	01:54:32	01:54:32	11,05
528	615	TACCORI SERENA	AS SURVIVAL TRIATHLON	ITA	MF4	12	01:54:40	01:54:40	11,04
529	408	TODDE GIAMPAOLO	CIRC SPORT DIL ATL AMATORI	ITA	MM5	46	01:54:43	01:54:43	11,03
530	643	DEMARTIS FILOMENA	GS MONTE ACUTO MARATHON	ITA	MF4	11	01:54:54	01:54:54	11,02

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pos	pett	nome	team	naz	cat	pos	T.Gara	T.Reale	Media
531	374	MURU BRUNO	CAGLIARI MARATHON CLUB	ITA	MM6	25	01:55:01	01:55:01	11,01
532	51	COLOMBU CLEMENTE	ATLETICA SELARGIUS	ITA	MM4	96	01:55:08	01:55:08	10,99
533	297	DI CICCIO GIUSEPPE	ATL VALERIA	ITA	MM4	97	01:55:17	01:55:17	10,98
534	654	VAZQUEZ MIRO SANTIAGO	UISP	ITA	TM	37	01:55:19	01:55:19	10,98
535	630	PIGA ANTONELLA	CIRC SPORT DIL ATL AMATORI	ITA	MF4	13	01:55:49	01:55:49	10,93
536	398	GIGANTE ALFONSO	CIRC SPORT DIL ATL AMATORI	ITA	MM4	98	01:55:58	01:55:58	10,92
537	698	FADDA GIOVANNI	A.S. ASSEMINI MARATHON	ITA	MM6	26	01:56:08	01:56:08	10,90
538	549	CARTA GIOVANNI MARIA	I GUERRIERI DEL PAVONE	ITA	MM5	77	01:56:38	01:56:38	10,85
539	153	PORCEDDA MODESTO	ATL POD SAN GAVINO	ITA	MM6	14	01:57:24	01:57:24	10,78
540	276	FANCELLO GIOVANNI	GS RUNNERS CAGLIARI	ITA	MM5	78	01:57:35	01:57:35	10,77
541	244	PINNA EFISIO	GRUPPO POL DIL ASSEMINI	ITA	MM6	27	01:57:35	01:57:35	10,76
542	243	ISOLA PAOLO	GRUPPO POL DIL ASSEMINI	ITA	MM6	28	01:57:35	01:57:35	10,76
543	584	FRONGIA DONATELLA	US ATL GUSPINI	ITA	MF4	14	01:57:49	01:57:49	10,74
544	579	SECCI DELFINA	ATLETICA SELARGIUS	ITA	MF3	10	01:57:51	01:57:51	10,74
545	284	MELIS GIORGIO	GS RUNNERS CAGLIARI	ITA	MM5	47	01:58:04	01:58:04	10,72
546	596	MEDDA ROSANNA	FUTURA CAGLIARI SOLOATLETICA	ITA	MF5	2	01:58:10	01:58:10	10,71
547	616	MURGIA GIUSEPPINA	OLYMPIA VILLACIDRO	ITA	MF5	2	01:58:13	01:58:13	10,71
548	693	ALBANESE ALESSANDRA	I GUERRIERI DEL PAVONE	ITA	TF	8	01:58:21	01:58:21	10,69
549	650	LIGIOS ANTONELLA	I GUERRIERI DEL PAVONE	ITA	MF5	3	01:58:42	01:58:42	10,66
550	439	MASSIDDA AMERINO	MARATHON CLUB ORISTANO	ITA	MM6	29	01:58:44	01:58:44	10,66
551	677	IOZZI SANDRO	CAGLIARI MARATHON CLUB	ITA	MM4	99	01:59:16	01:59:16	10,61
552	696	SABIU COSTANTINO	ATLETICA GORDOGHEANA	ITA	MM4	106	01:59:31	01:59:31	10,59
553	409	DESSENA LORENZO	CIRC SPORT DIL ATL AMATORI	ITA	MM6	30	01:59:33	01:59:33	10,59
554	451	CATTANEO GIANFRANCO	STUDIUM ET STADIUM	ITA	MM7	1	01:59:41	01:59:41	10,58
555	595	ECCA MARIA BONARIA	FUTURA CAGLIARI SOLOATLETICA	ITA	MF4	12	01:59:52	01:59:52	10,56
556	196	MARONGIU ELIO	ATL SAN SPERATE	ITA	MM5	48	01:59:56	01:59:56	10,55
557	612	OBINO STEFANIA	GS RUNNERS CAGLIARI	ITA	MF4	13	02:00:04	02:00:04	10,54
558	628	FAEDDA GIUSEPPINA	CS FIAMMA MACOMER	ITA	MF5	4	02:00:30	02:00:30	10,51
559	81	DONATIELLO SIMONE	AS TESPIENSE QUARTU	ITA	MM3	74	02:00:41	02:00:41	10,49
560	36	FANUNZA VINCENZO	ATL ORROLI MARIANO LEONI	ITA	MM7	2	02:00:52	02:00:52	10,47
561	360	FORTELEONI LUCA	SARDEGNA KARALIS SPORT	ITA	MM4	107	02:00:57	02:00:57	10,47
562	566	BALLONE MARIO	ALGHERO MARATHON	ITA	MM5	79	02:02:05	02:02:05	10,37
563	619	MARCIS DIANA	ATL EDOARDO SANNA ELMAS	ITA	MF3	11	02:02:11	02:02:11	10,36
564	633	FENU MARIA ANTONIETTA	AMATORI TERRALBA	ITA	MF4	15	02:02:28	02:02:28	10,34
565	662	SERRA BRUNA	SS SPORTING S.I.E.	ITA	MF5	5	02:02:37	02:02:37	10,32
566	649	GARZETTI PAOLA	I GUERRIERI DEL PAVONE	ITA	MF5	6	02:02:38	02:02:38	10,32
567	646	SECCHI TIZIANA	I GUERRIERI DEL PAVONE	ITA	MF4	16	02:02:50	02:02:50	10,30
568	303	BAGHINO ALESSANDRO	AS SURVIVAL TRIATHLON	ITA	MM3	75	02:03:31	02:03:31	10,25
569	626	BROTZU ELIANA	AS DELOGU NUORO	ITA	MF4	14	02:03:35	02:03:35	10,24
570	599	CANELLES MARCELLA	ATL POD SAN GAVINO	ITA	MF4	15	02:03:38	02:03:38	10,24
571	648	TILOCCA ALESSANDRA	I GUERRIERI DEL PAVONE	ITA	MF4	17	02:04:05	02:04:05	10,20
572	614	MELIS SIRENELLA	GS RUNNERS CAGLIARI	ITA	MF5	7	02:04:24	02:04:24	10,17
573	701	MISCALI ROBERTA	POL GUILCER TEAM LA CITTA'	ITA	MF4	18	02:04:27	02:04:27	10,17
574	645	SAIU STEFANIA	I GUERRIERI DEL PAVONE	ITA	MF4	19	02:04:30	02:04:30	10,17
575	345	MUSCAS PASQUALE	POL ATLETICA SANTADI	ITA	MM6	31	02:04:36	02:04:36	10,16
576	586	SODDU ANNA RITA	US ATL GUSPINI	ITA	MF4	16	02:06:01	02:06:01	10,05
577	613	CAO GIUSEPPINA	GS RUNNERS CAGLIARI	ITA	MF5	8	02:06:26	02:06:26	10,01
578	559	ROSSI ALESSANDRO	ALGHERO MARATHON	ITA	MM3	76	02:07:16	02:07:16	9,95
579	678	MURENU ANGELO	CAGLIARI MARATHON CLUB	ITA	MM4	108	02:07:31	02:07:31	9,93
580	585	CONCAS BRUNA	US ATL GUSPINI	ITA	MF4	17	02:08:17	02:08:17	9,87
581	637	CINELLU AGOSTINANGELA	DOP PETROLCHIMICO PORTOTORRES	ITA	MF5	3	02:08:36	02:08:36	9,84
582	538	ARRU ANTONIO	I GUERRIERI DEL PAVONE	ITA	MM4	109	02:08:57	02:08:57	9,82
583	588	SAINAS ELISABETTA	AS TESPIENSE QUARTU	ITA	MF3	12	02:08:59	02:08:59	9,81

XIII EDIZIONE MARATONINA CITTA' DI UTA - Maratonina Città di Uta

domenica 22 novembre 2009

pos	pett	nome	team	naz	cat	pos	T.Gara	T.Reale	Media
584	589	BONGIORNO FRANCESCA MARIA	AS TESPIENSE QUARTU	ITA	MF4	20	02:09:02	02:09:02	9,81
585	242	MARONGIU LUIGI	GRUPPO POL DIL ASSEMINI	ITA	MM5	49	02:10:58	02:10:58	9,67
586	608	DI LIBERTO ADRIANA	GRUPPO POL DIL ASSEMINI	ITA	MF4	21	02:10:59	02:10:59	9,66
587	580	SANNA ROBERTA	ATLETICA SELARGIUS	ITA	MF4	22	02:13:28	02:13:28	9,48
588	627	CASTORI NORMA	CS FIAMMA MACOMER	ITA	MF4	18	02:14:01	02:14:01	9,45
589	252	MAMELI ORAZIO	GS RUNNERS CAGLIARI	ITA	MM3	77	02:24:21	02:24:21	8,77
590	88	LA NOCE ANTONIO	ATL CORTOGHIANA	ITA	MM4	110	02:24:40	02:24:40	8,75
591	638	OLIONI ELENA	DOP PETROLCHIMICO PORTOTORRES	ITA	MF6	1	02:25:00	02:25:00	8,73
592	686	CONTI VECCHI STEFANIA	AS SURVIVAL TRIATHLON	ITA	MF3	13	02:26:56	02:26:56	8,62